

NIAA HANDBOOK – WRESTLING REGULATIONS

NAC 386.752 Wrestling: Date for beginning practice; end of season; rules and regulations; headgear. (NRS 386.430)

1. The Board shall establish the date upon which a school may begin practicing for a wrestling season at least 2 years before the beginning of the season. Each season ends upon completion of the state tournament for wrestling.

2. Except as otherwise provided in subsection 3, each wrestling contest or meet must be conducted in accordance with the rules of wrestling adopted by the National Federation of State High School Associations or its successor organization.

3. The regulations of the Association apply to each pupil who represents his school in wrestling.

4. Each pupil who participates in wrestling as a sanctioned sport shall, during any period in which he participates in a contest or meet for wrestling, wear headgear in the manner specified by the Association.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)

NAC 386.753 Wrestling: Tournaments. (NRS 386.430)

1. Before the beginning of each regional or state tournament for wrestling:

(a) The Association will determine the date, time and place of the tournament; and

(b) The Executive Director shall appoint a director for the tournament, unless the Board appoints the Executive Director to serve as the director of the tournament pursuant to NAC 386.764. If the Executive Director appoints the director for the tournament, the director of the tournament must, as determined by the Executive Director, be qualified to supervise a wrestling tournament.

2. Each state tournament for wrestling must be conducted:

(a) In accordance with the method of scoring set forth in the *Wrestling Rules Book* of the National Federation of State High School Associations or its successor organization; and

(b) In the manner specified by the Board.

3. Except as otherwise provided in NAC 386.773 and 386.774, the Association will purchase and present awards for recognition of achievement in each state tournament for wrestling.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004)