

FROM: Rod Adams, Meet Director (Athletic Administrator, Moapa Valley H.S.)
Donnie Nelson (NIAA Assistant Director), Meet Coordinator

2008 NIAA 1A, 2A & 3A SOUTHERN LEAGUE TRACK and FIELD CHAMPIONSHIPS

The 2008 NIAA Class 1A/2A/3A Southern League boys & girls Track and Field Championships are set for Friday, May 9 (day one) and Saturday, May 10 (day two) at Moapa Valley High School in Overton. The meet will be contested following the state (two-day) format. Coaches and athletes should note that the 2008 schedule has NOT changed from the 2007 schedule, per the two-year scheduling block endorsed by the NIAA's Track and Field Coaches Advisory Committee in 2006 (the schedule will next rotate for the 2009 and 2010 seasons).

PLEASE NOTE THAT ENTRIES ARE DUE MONDAY, MAY 5 (see next page).

The top four (4) placers per event out of the 1A and 2A Southern League championship meets / the top three (3) placers per event out of the 3A Southern League championship meet qualify for the 2008 NIAA Nevada State High School boys & girls Track and Field Championships. The state meet is scheduled to be contested May 16 & 17 in Reno.

MEET ORGANIZATION, MANAGEMENT AND OPERATIONS

The Games Committee is responsible for the entire meet's management and all information above and beyond what is printed in this meet information packet.

The Jury of Appeals is responsible for the interpretation of all rules, regulations and policies set forth in this meet information packet and the National Federation rule book.

The NIAA staff and Board of Control will communicate only with the Meet Director with regards to meet operations.

RULES

National Federation rules will govern the meet unless otherwise stated in this meet information packet. A three/five-member Jury of Appeals will rule on any protest. **THE PROTEST FEE IS \$25.** The fee will be returned if the protest is won / upheld. The decision of the Jury of Appeals is final. No recourse (to the NIAA office, its staff or Board of Control) of action will be permitted after a ruling by the Jury of Appeals.

PROBLEM PROTOCOL

The head coach should proceed to the clerk / staging area to get in immediate contact with the Meet Referee when a protest situation occurs. Judgment decisions cannot be protested. **THE PROTEST FEE IS \$25.** A three/five-member Jury of Appeals will rule on any protest. Again, the decision of the Jury of Appeals is final.

***** MEET ENTRIES – DUE MONDAY, MAY 5 BY 3:00 P.M. *****

ATTENTION 1A, 2A & 3A SOUTHERN NEVADA TRACK & FIELD COACHES!

Please be advised that all entries for the 2008 NIAA Class 1A, 2A & 3A Southern League Track and Field Championships meet will now be done exclusively on www.directathletics.com. It is very important that you note this change in your meet information packet.

Please find attached on the track and field web page a document on how to 1) register your school / team for access at directathletics.com and 2) how to complete your entries. The deadline for meet entries is still the same -- Monday, May 5 @ 3:00 p.m. After that deadline, the site shuts down and entries are closed!

THERE IS NO COST FOR YOU (the coach / schools) TO ENTER ATHLETES AT DIRECTATHLETICS.COM. The NIAA will be picking up those fees. However, the responsibility to enter your student-athletes correctly (on time and in the right events) falls on you! Please, don't be late and make sure you get kids where they need to be!

Please feel free to contact Rod Adams, Athletic Administrator and Meet Director at Moapa Valley High School, or Shane Hickman, Head Track & Field Coach at Moapa Valley, with any questions. Thank you for your assistance and cooperation.

Rod Adams
Assistant Principal
Moapa Valley High School
1-702-397-2611 ext. 4200

Shane Hickman
Moapa Valley High School
PO Box 278
2400 St Joseph Street
Overton, NV 89040
(702)397-2611 (Ext. 4046)
Head Track & Field Coach

Each 1A and 2A school is limited to four (4) individual (boys and girls separate) entries and one relay team entry per event. Each 3A school is limited to three (3) individual (boys and girls separate) entries and one relay team entry per event. Marks used for seeding must be from 2008 Nevada (in-state meets only) season.

IMPORTANT: The NIAA staff and its hosting school / Meet Director are NOT responsible for errors made on entry forms. Coaches should be absolutely sure the entry form is accurate and correct before submitting it to the Meet Director. All entries are final once the deadline has passed.

STATE QUALIFYING

1A Northern & Southern = The top four (4) placers in each event...

2A Northern & Southern = The top four (4) placers in each event...

3A Northern = The top five (5) placers in each event...

3A Southern = The top three (3) placers in each event qualify for the state meet.

MEET SCHEDULE – DAY ONE (Friday, May 9, 2008)

Friday, May 11 – TRACK EVENT FINALS

1:30 p.m., Coaches Meeting

3:00 p.m., 1A Boys 3200m Relay (120)

2A Boys 3200m Relay (84)

3A Boys 3200m Relay (48)

1A Boys 110m Hurdles (115)

2A Boys 110m Hurdles (79)

3A Boys 110m Hurdles (43)

1A Girls 100m (127)

2A Girls 100m (91)

3A Girls 100m (55)

1A Boys 800m Relay (118)

2A Boys 800m Relay (82)

3A Boys 800m Relay (46)

1A Boys 1600m (113)

2A Boys 1600m (77)

3A Boys 1600m (41)

1A Girls 400m Relay (135)

2A Girls 400m Relay (99)

3A Girls 400m Relay (63)

1A Boys 400m (section finals*) (111)

2A Boys 400m (section finals*) (75)

3A Boys 400m (section finals*) (39)

* Top times overall advance to state.

1A Girls 300m Hurdles (section finals*) (134)

2A Girls 300m Hurdles (section finals*) (98)

3A Girls 300m Hurdles (section finals*) (62)

* Top times overall advance to state.

1A Girls 800m (finals) (130)
2A Girls 800m (finals) (94)
3A Girls 800m (finals) (58)

1A Boys 200m (110)
2A Boys 200m (74)
3A Boys 200m (38)

1A Girls 3200m (132)
2A Girls 3200m (96)
3A Girls 3200m (60)

1A Girls 1600m Relay (137)
2A Girls 1600m Relay (101)
3A Girls 1600m Relay (65)

Day One -- Friday, May 9 -- field events listed on next page.

Friday, May 9 – FIELD EVENT FINALS

2:00 p.m., Shot Put, Discus weigh-ins open

3:00 p.m., 2A Boys High Jump (87)
1A Boys High Jump to follow (123)
3A Boys High Jump to follow (51)

3:00 p.m., 1A Boys Long Jump (121)
3A Boys Long Jump to follow (49)
2A Boys Long Jump to follow (85)

3:00 p.m., 3A Girls Triple Jump (68)
2A Girls Triple Jump to follow (104)
1A Girls Triple Jump to follow (140)

3:00 p.m., 2A Girls Pole Vault * (106)
3A Girls Pole Vault * to follow (70)
1A Girls Pole Vault * to follow (142)
* Weigh-ins will be conducted during check-in times

3:00 p.m., 1A Girls Shot Put (143)
2A Girls Shot Put to follow (107)
3A Girls Shot Put to follow (71)

3:00 p.m., 3A Boys Discus (54)
1A Boys Discus to follow (126)
2A Boys Discus to follow (90)

MEET SCHEDULE – DAY TWO (Saturday, May 10, 2008)

Saturday, May 10 – TRACK EVENT FINALS

9:30 a.m., Coaches Meeting

10:00 a.m., 1A Girls 3200m Relay (138)

2A Girls 3200m Relay (102)

3A Girls 3200m Relay (66)

1A Girls 110m Hurdles (133)

2A Girls 110m Hurdles (97)

3A Girls 110m Hurdles (61)

1A Boys 100m (109)

2A Boys 100m (73)

3A Boys 100m (37)

1A Girls 800m Relay (136)

2A Girls 800m Relay (100)

3A Girls 800m Relay (64)

1A Girls 1600m (131)

2A Girls 1600m (95)

3A Girls 1600m (59)

1A Boys 400m Relay (117)

2A Boys 400m Relay (81)

3A Boys 400m Relay (45)

1A Girls 400m (section finals*) (129)

2A Girls 400m (section finals*) (93)

3A Girls 400m (section finals*) (57)

* Top times overall advance to state.

1A Boys 300m Hurdles (section finals*) (116)

2A Boys 300m Hurdles (section finals*) (80)

3A Boys 300m Hurdles (section finals*) (44)

* Top times overall advance to state.

1A Boys 800m (finals) (112)

2A Boys 800m (finals) (76)

3A Boys 800m (finals) (40)

1A Girls 200m (128)
2A Girls 200m (92)
3A Girls 200m (56)

1A Boys 3200m (114)
2A Boys 3200m (78)
3A Boys 3200m (42)

1A Boys 1600m Relay (119)
2A Boys 1600m Relay (83)
3A Boys 1600m Relay (47)

Day Two -- Saturday, May 10 -- field events listed on next page.

Saturday, May 10 – FIELD EVENT FINALS

9:00 a.m., Shot Put, Discus weigh-ins open

10:00 a.m., 2A Girls High Jump (105)
1A Girls High Jump to follow (141)
3A Girls High Jump to follow (69)

10:00 a.m., 1A Girls Long Jump (139)
3A Girls Long Jump to follow (67)
2A Girls Long Jump to follow (103)

10:00 a.m., 3A Boys Triple Jump (50)
2A Boys Triple Jump to follow (86)
1A Boys Triple Jump to follow (122)

10:00 a.m., 2A Boys Pole Vault * (88)
3A Boys Pole Vault * to follow (52)
1A Boys Pole Vault * to follow (124)
* Weigh-ins will be conducted during check-in times

10:00 a.m., 1A Boys Shot Put (125)
2A Boys Shot Put to follow (89)
3A Boys Shot Put to follow (53)

10:00 a.m., 3A Girls Discus (72)
1A Girls Discus to follow (144)
2A Girls Discus to follow (108)

STATE QUALIFYING

Track Events = The top four (4) placers in each event from the 1A and 2A Southern League meets / the top three (3) placers in each event from the 3A Southern League meet will advance to the 2008 NIAA Nevada State Track & Field Championships, presented by the Las Vegas Review-Journal and Farmers Insurance Group.

Field Events = The top four (4) placers in each event from the 1A and 2A Southern League meets / the top three (3) placers in each event from the 3A Northern League meet will advance to the 2008 Nevada State Track & Field Championships meet.

The meet (and event) staff will attempt to break ties, even in the case of state qualifying positions, according to the procedures outlined in Rule 6, Section 3, Article 2 for throwing events and in Rule 7, Section 3, Article 2 for jumping events.

TIES FOR STATE QUALIFYING POSITIONS

In the case of a tie for a state qualifying position, the following guidelines will apply:

1. Field Events – If a tie exists after rule book tie-breaking (placing) procedures have been applied, each tied athlete will advance to the state meet.
2. Running Events of 400 meters or less = A run-off will take place 30 minutes after the conclusion of the last running event in the meet.
3. Running Events of 800 meters or more = Each tied athlete will advance to the state meet.

SCORING

Scoring will be to eight places (10, 8, 6, 5, 4, 3, 2 & 1) FOR ALL THREE LEAGUES.

UNIFORMS & JEWELRY

Please refer to pages 24-26 (and specifically RULE 4, SECTION 3, ARTICLES 1-4) of the 2008 NFHS Track & Field rules book for information on a “Competitor’s Uniform.”

SPIKES

The NIAA Track and Field Coaches Advisory Committee and NIAA office staff have officially adopted a 1/8-inch pyramid spike rule. Pyramid spikes may not protrude more than 1/8-inch into the track/runway surface. All removable protrusions must be removed from the spike plate/shoe base. If an athlete is found to have competed with improper equipment, that athlete (and relay team) will be disqualified. ***Adopted, 2004.***

EVENT AREA

Coaches and non-participating athletes must stay outside all fenced, roped and flagged areas. Athletes must vacate the infield / event area immediately after the event's conclusion (awards ceremony).

CHECK-IN / CLERK & STAGING AREA

Athletes must report and check-in with the clerk prior to the beginning of all events. The athletes may leave the staging area after check-in, however they will be responsible for arriving at the event site on time.

LANE ASSIGNMENTS

Lane assignments will follow National Federation rules, weighing place first and time second.

STAGGERS

400 Relay – 2-turn stagger (by lane)
800 Relay – 4-turn stagger (by lane)
1,600 Relay – 3-turn stagger (by lane)
3,200 Relay – 1-turn stagger (by lane or alley)

open 800 – 1-turn stagger (by lane or alley)
open 1,600 – 1-turn stagger (by lane or alley)
open 3,200 – 1-turn stagger (by lane or alley)

BLOCKS

The Games Committee will provide starting blocks. Athletes may, however, use their own starting blocks.

WEIGH-INS

Implement weigh-ins will take place.
Pole vault weigh-ins will take place at the event site.

STARTING HEIGHTS & PROGRESSIONS

High Jump – the Meet Director will determine the starting height. ***

The bar will progress up 2 inches until there are four competitors or less remaining, at which point the bar will then progress up 1 inch.

Pole Vault – the Meet Director will determine the starting height. ***

The bar will progress up 6 inches until there are four competitors or less remaining, at which point the bar will then progress up 3 inches.

*** It is recommended that starting heights be one increment below the mark of the 8th qualifier. It is the Meet Director's option, however, to start another increment lower depending on weather conditions and entry marks.

FIELD EVENT ATTEMPTS

All Long Jump, Triple Jump, Shot Put and Discus event athletes will get three (3) attempts. The competitors (field) will then be re-ranked and (only) the top nine (9) athletes plus ties will receive three (3) additional attempts. Marks do carry over.

AWARDS

The top four (4) placers in each 1A and 2A event, and the top three (3) placers in each 3A event will receive medals. The top boys and girls team in each class meet will receive a trophy.

ADMISSION

Students, \$4

Adults, \$6

Children 8 and younger, Free

Senior Citizens 62 and older, Free

The NIAA Courtesy Card will be accepted.

HOST SCHOOL

Moapa Valley High School is located at 2400 Saint Joseph Street in Overton (89040).

The school phone number is (702) 397-2611. The athletic fax number is (702) 397-2892.

The e-mail address for Rod Adams, Athletic Administrator at Moapa Valley High School and the Meet Director, is radams@interact.ccsd.net.