

2008 NIAA 4A Northern Region Swimming & Diving Championships meet information packet

TO: Athletic Administrator & Athletic Director
Boys Swimming & Diving Coach(es)
Girls Swimming & Diving Coach(es)

FROM: Marge Kaufmann, Meet Director
Chris McCombs, Diving Referee
Donnie Nelson, NIAA Assistant Director
Kurt Meyer, Carson Aquatic Facility Host
Monica Weaver (Northern Region) and Nancy Dyer (Carson Aquatics), Commissioners
Rick Kaufmann, Meet Rules Interpreter

2008 NIAA 4A NORTHERN REGION SWIMMING & DIVING CHAMPIONSHIPS

The 2008 NIAA 4A Northern Region boys & girls Swimming and Diving Championships will be contested Thursday, May 8 (diving finals at Lombardi Recreation Center, UNR), Friday, May 9 (swimming trials at Carson Aquatic Facility) and Saturday, May 10 (swimming finals at Carson Aquatic Facility).

FACILITIES

The Lombardi Recreation Center is located on the campus of the University of Nevada, Reno, in the athletic facilities area. The building is located directly behind the south end of Mackay Stadium (football, soccer, track & field).

The Carson Aquatic Facility is located at 841 N. Roop Street in Carson City (corner of Highway 50 & Roop, adjacent to and south of Mills Park... phone 887-2242) and features an 8-lane, 25-yard pool. A fully automatic timing system will be used. An eight-place readout board will display unofficial (instant) results. An area of the pool will be available for continuous warm-up and cool-down during the swimming meet.

RULES

The 2008 NIAA 4A Northern Region Swimming & Diving Championships meet will be governed by NFHS rules book except where outlined differently in this meet information packet. This meet information packet serves as the binding rules document for this meet.

PARTICIPATION REQUIREMENT

Each student-athlete must have competed in at least *four (4)* meets during the 4A Northern Region's regular-season dual-meet schedule and have met the region's minimum qualifying time standard for a particular event to be eligible to compete in this meet.

ENTRY REGULATIONS & DEADLINE

Entries are to be submitted on approved forms as distributed by Marge Kaufmann. Coaches are responsible for completing the forms accurately and submitting them by **12:00 p.m. (noon) on Sunday, May 4, to Marge Kaufmann, Meet Director, at fax numbers 688-6466 and/or 688-3591. Entries may also be e-mailed to the meet staff at nnoameetdirector@att.net.**

The entry forms must be filled out with school name, first and last name, event number and qualifying time for each entry.

Please note the following:

1. Late entries will not be accepted.
2. No changes will be accepted over the phone.
3. Communications from parents will not be accepted.
4. No entries will be changed at the meet.
5. No entries will be added at the meet.
6. Names of relay members and their swim positions must be listed on the entry form. Please use the 1, 2, 3, 4 designation for probable swimmers and the A1, A2, A3, A4 designation for alternates.
7. DIVERS must be included on the entry form.

ENTRY SPECIFICS

Coaches are responsible for completing the forms accurately and submitting them by **12:00 p.m. (noon) on Sunday, May 4, to Marge Kaufmann, Meet Director, at fax numbers 688-6466 and/or 688-3591. Entries may also be e-mailed to the meet staff at nnoameetdirector@att.net.**

1. Submitted qualifying times must be listed for each entry. Times must be from 2008 official high school meets only. Do not use time trials, U.S.A. times, etc.
2. * Rule 3, Section 1, Article 1 ... In championship meets, each team shall be permitted a maximum of four entries in an individual event and one team in a relay event.
3. * Rule 3, Section 2, Article 1 ... A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.
4. Divers must be entered on your team relay form. Diving counts as an individual event.
5. Relay entry times are to be a conglomerate of best individual times added up OR best posted relay time of all entrants who swam in that relay during the 2008 official high school season.
6. Coaches will be required to designate their four relay participants at the coaches meeting prior to the start of the finals meet Saturday. Late entries will not be accepted. Changes may not occur after that time except in the case of injury or illness, or when a referee forces a competitor to withdraw (Rule 3-2-4).

NORTHERN REGION DIVING FINALS – THURSDAY, MAY 8
@ LOMBARDI REC. CTR., UNR

Pool will open for warm-ups at **5:30 p.m.**
Diving competition will begin at **6:30 p.m.**

COACHES MEETING

A mandatory coaches meeting will take place prior to the start of the meet.

DIVING FORMAT

The diving format will follow National Federation (NFHS) rules as indicated below:

Rule 9, Section 4, Article 1 ... In championship meets, the competition shall consist of five (5) voluntary and six (6) optional dives.

- a. The five voluntary dives shall come from each of the five groups, with their assigned degree of difficulty and have a sum total of 9.0 or less.
- b. The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through the semi-finals.
- c. All five groups must be represented in the first eight rounds.
- d. The dives to be performed during each round shall be:

PRELIMS

Any 2 voluntary & 3 optional

SEMIFINALS

2 voluntary & 1 optional

FINALS

1 voluntary & 2 optional

DIVING QUALIFICATIONS FOR STATE

The top three (3) divers out of the Northern Region championship meet advance to the 2008 NIAA Class 4A Nevada State High School Championship meet provided each meets the diving standard:

The diving referee at each respective region meet must certify (with signature on diver's list) that the top divers (up to three) are able, in his/her opinion, to perform a full 11-dive list.

A panel of five (5) judges will be used to judge the diving competition.

NORTHERN REGION SWIMMING TRIALS – FRIDAY, MAY 9
@ CARSON AQUATIC FACILITY

Pool will open for warm-ups at 1:00 p.m.
Swimming competition will begin at 2:00 p.m.
NOTE: No relays will be contested on the trials day.

***** *Qualifying (Cutoff) times for 2008* *****

| <u>Event #, Event Name,</u> | <u>Girls / Boys Qualifying Times</u> |
|----------------------------------|--------------------------------------|
| 3-4, 200 yard Freestyle, | 2:27.99 / 2:29.29 |
| 5-6, 200 yard Individual Medley, | 2:51.49 / 3:07.99 |
| 7-8, 50 yard Freestyle, | 0:29.29 / 0:26.79 |
| 11-12, 100 yard Butterfly, | 1:20.29 / 1:26.69 |
| 13-14, 100 yard Freestyle, | 1:06.89 / 1:02.39 |
| 15-16, 500 yard Freestyle, | 6:54.29 / 7:12.69 |
| 19-20, 100 yard Backstroke, | 1:16.59 / 1:19.19 |
| 21-22, 100 yard Breaststroke, | 1:24.49 / 1:21.79 |

ORDER OF EVENTS

Event #, Event Name (order: girls-boys)

3-4, 200 yard Freestyle
5-6, 200 yard Individual Medley
7-8, 50 yard Freestyle
(15-minute break to observe diving events)
11-12, 100 yard Butterfly
13-14, 100 yard Freestyle
15-16, 500 yard Freestyle
(10-minute break)
19-20, 100 yard Backstroke
21-22, 100 yard Breaststroke

SWIMMING QUALIFYING FOR REGION FINALS

Athletes qualify for the finals session by placing in the top 16 in their respective event from the trials session held the previous day.
The top eight athletes will compete in the championship finals heat. The remaining eight will compete in the consolation finals heat.
Two alternates for each event will be selected from the 17th and 18th place times from the trials session. In the event that an athlete cannot compete during the finals, the next athlete, by time, will advance into that place (and so on up the ladder) and an alternate will be used in the consolation heat.

NORTHERN REGION SWIMMING FINALS – SATURDAY, MAY 10
@ CARSON AQUATIC FACILITY

Pool opens for warm-ups at 1:00 p.m.
Swimming competition begins at 2:00 p.m.

COACHES MEETING

A mandatory coaches meeting will take place 15 minutes prior to the start of the meet.
Coaches must declare their four relay participants per event at this time.

ORDER OF EVENTS

Event #, Event Name (order: girls-boys)

1-2, 200 yard Medley Relay
(10-minute break)

3-4, 200 yard Freestyle
5-6, 200 yard Individual Medley
7-8, 50 yard Freestyle

9-10, DIVING (15-minute break will be observed)

11-12, 100 yard Butterfly
13-14, 100 yard Freestyle
15-16, 500 yard Freestyle
(10-minute break)

17-18, 200 yard Freestyle Relay
(10-minute break)

19-20, 100 yard Backstroke
21-22, 100 yard Breaststroke
(10-minute break)

23-24, 400 yard Freestyle Relay

SCORING will be to 16 places - Championship Final (top 8 competitors from trials advance to finals) and Consolation Final (remaining 8 competitors)

Individuals: 20 - 17 - 16 - 15 - 14 - 13 - 12 - 11 - 9 - 7 - 6 - 5 - 4 - 3 - 2 - 1

Relays: 40 - 34 - 32 - 30 - 28 - 26 - 24 - 22 - 18 - 14 - 12 - 10 - 8 - 6 - 4 - 2

AWARDS

Medals will be awarded for 1st through 3rd place.
Trophies will be awarded to 1st-place teams.

SWIMMING QUALIFYING FOR STATE

The top three (3) individual finishers and the top three (3) relay teams per event advance to the 2008 NIAA Class 4A Nevada State High School Swimming and Diving Championships (Saturday, May 17 @ Buchanan Natatorium, UNLV).

MISCELLANEOUS

APPEALS/PROTESTS

A meet committee shall be formed to rule on any question or protest initiated by a coach or meet official. The committee shall be comprised of the meet director, the swimming/diving meet referee and another knowledgeable swimming/diving person to be named by the meet director. All protests must be filed in writing. The decision of the meet committee is final.

COMPETITOR CONDUCT

Coaches are responsible for keeping their student-athletes in controlled areas. Athletes are to show exemplary behavior at all times. NIAA Regulation 2080, unsportsmanlike conduct, will be enforced at all times.

UNIFORMS AND JEWELRY

Jewelry is not allowed in high school swimming and diving. If a religious or medical medal is worn, it must be taped to the body. A competitor shall not be permitted to participate wearing a suit that is not of decent appearance.

DAILY ADMISSION PRICES

Students, \$4
Adults, \$6
Children (8 & younger), Free
Senior Citizens (62 & older), Free
NIAA passes will be honored

QUESTIONS

Questions can be directed to the Meet Directors or the NIAA office:
Marge Kaufmann, Meet Director @ 355-9334 / fax 353-5936
Kurt Meyer, Carson City Aquatic Center @ 887-2243
NIAA @ 688-6464 / fax 688-6466