

FR: Janice Alexander, (Athletic Director, Carlin H.S.), Meet Director
Brian Starkey (Coach, Carlin H.S.), Competition Director
Donnie Nelson (Assistant Director, NIAA), Meet Coordinator

2007 NIAA 2A Northern League Cross Country Championships

The 2007 NIAA Class 2A Northern League boys & girls Cross Country Championship meets are scheduled to be contested **Thursday, October 25** at the **Chinese Gardens** in Carlin. These races will serve as the qualifiers for the NIAA Nevada State High School Cross Country Championships.

MEET SCHEDULE

Thursday, October 25 @ Chinese Gardens in Carlin

Course open for inspection, 12:30 p.m.
Packet Pick-Up @ 1:00 p.m.
Coaches Meeting @ 3:00 p.m.

2A Northern Girls @ 3:30 p.m.

2A Boys @ 4:00 p.m.

Awards Ceremony @ approximately 4:30 p.m.

LOCATION

Carlin High School is located at 552 8th Street in Carlin. The phone number to the school is (775) 754-6317. **The meet, however, is being contested at nearby Chinese Gardens.**

To reach the Chinese Gardens:

If arriving from the west on I-80, take exit 279. Turn right on Highway 278, then immediately left on Highway 221 to go up the hill, then immediately right on the dirt road (Willow). That road follows the base of the ridge 1/2 mile to the Chinese Gardens.

If arriving from the south on 278, after crossing the railroad tracks, turn right on Bush St, then left on the dirt road (Willow) and continue 1/2 mile to the Chinese Gardens.

If arriving from the east on I-80, take exit 280 and turn left from the off ramp onto 766 and continue past the Pilot to the stop sign. Turn right and drive 1.2 miles, which will take you past the school and out of town. At the base of the hill **before** 278, turn left on the dirt road (Willow) and continue 1/2 mile to the Chinese Gardens.

GENERAL INFORMATION

1. Team entries (boys and girls) are due to Janice Alexander or Brian Starkey, Meet Directors, at fax number (775) 754-6380, by 3:00 p.m. on Friday, October 19. Teams may only compete with seven (7) athletes in the races. Please use the entry form located on the last page of this packet. You may call (775) 754-6317 to confirm receipt of your entries.

For more information and/or to confirm receipt of entries, please call Janice Alexander, Meet Director, or Brian Starkey, Competition Director, at (775) 754-6317. The fax number for Carlin is (775) 754-6380 and the contact e-mail addresses are jalexand@elko.k12.nv.us and BStarkey@elko.k12.nv.us.

2. League Qualifying:

All teams and/or individuals who are part of a recognized program (NIAA member school and district-recognized) are eligible to compete in their respective league championship meet.

3. State Qualifying:

Class 2A - The top three (3) teams from the Northern League championship meet qualify the state championship meet.

The top five (5) individuals from non-qualifying teams out of the Northern League meet also advance to the state championship meet.

4. The championship will be governed by the 2007 National Federation's cross country rules book, the NIAA Handbook, the NIAA Reference Manual and this meet information packet. This meet information packet is a binding document for the rules and regulations of this meet.

5. Teams will consist of a maximum of seven runners, but only the first five finishers from a team will be counted in the team score. The scores (finishing places) of the sixth and seventh team members (if applicable) will serve to (displace) make the opponent's score larger. All scoring will be recorded as set by the National Federation rules book. Individuals who are not part of complete teams will be removed from the team scoring process.

5b. Class 2A amended scoring format:

NOTE: The "ghost runner" rule will be in effect during the Class 2A league and state meet races. This team scoring position will be used when a team does not have a fifth and/or fourth finisher. A team must, however, have at least three scoring runners to be eligible to have implemented the "ghost runner(s)" rule.

The "Ghost Runner" Rule:

The "ghost runner's" team scoring position will be equal to the race's last-place finishing position plus one **with no adjustment(s) for incomplete team scoring runners**. For example, if 21 individuals finish the race, the "ghost runner's" team scoring position would be "[22]" regardless of how many individuals do not figure into the team scoring process.

Example (race with 21 finishers):

Team A -- 1, 4, 5, 8, 10, (14), (16) = 28 (seven finishers)

Team B -- 2, 3, 6, 9, 15 = 35 (five finishers)

Team C -- 7, 11, 12, 17, [22] = 69 (four finishers)

Team D -- 13, 18, 20*, [22], [22] = 94* (three finishers)

Team E -- 19*, 21* = Incomplete, no team score

Note: The #14 and #16 finishers for Team A are, according to NFHS rules, (non-scoring) team finishers. Those individual do, however, still count in the overall race scoring since they part of an allotted seven-member team.

NFHS rules will apply whereby the first five finishers for a team make up that team's score, and the sixth and seventh finishers serve to displace (make another team's score higher). When a team does not have a team score (Team E, for example), the finishers from the incomplete team(s) DO NOT factor into the team scoring process (*... example: 20 becomes 19).

6. The length of the course in all league/region and state meets will be approximately 5,000 meters. The Chinese Gardens' course (of Carlin High School) consists of a variety of surfaces, including grass, park trail and gravel. Please note ahead that spikes are permitted unless park rules and meet staff dictate otherwise.

7. All team members must wear the same school-issued jersey and shorts. National Federation rules will apply with regards to uniforms.

8. Footwear must be used by athletes. Spikes are permitted unless park rules dictate otherwise.

9. Protests on running attire must be made before the start of a race. The race will be held up until the meet referee makes a ruling.

10. Bus parking will be available at the park. Please follow signs for designated bus parking areas.

11. Results will be posted after the meet. The NIAA will post results on its web site. A trophy will be awarded to the first-place team in each race. Medals will be awarded to the top seven (7) individual finishers in each race.

12. Starting boxes will be assigned/drawn by the Carlin High School meet committee.

13. *Athletes and coaches may inspect the course at any time prior to the meet or at any time between races. Once a race begins, the course is closed to all persons (except those competing in the race in progress). Meet officials have the authority to disqualify any individual who does not adhere to this course closure rule.*

UNIVERSAL MEET TIE-BREAKER

1. Ties involving teams

a. The aggregate score of the first five finishers for each team shall constitute their team's score. Ties for the championship, runner-up and state qualifying places will be handled in accordance with playoff procedures as written below:

National Federation Rule Book, Rule 9, Section 2, Articles 4-5:

9-2-4. Ties in team scoring shall be resolved by comparing the sixth-place finishers from tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.

9-2-5. If only five competitors of tying teams finish, the tie shall be resolved by totaling the scores of the first four finishers.

Entry form on next page...

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RACE DAY INSTRUCTIONS

* As a reminder, a maximum of seven (7) runners are allowed in races. Teams starting a race with more than seven competitors will be disqualified.

* No warm-ups, coaches, spectators or managers are allowed inside the fenced finish-line area. Only race help, officials, media and in-race competitors will be allowed in the finish-line area.

* Please remember that cutting any part of the course (curves, streams, etc.) to gain an advantage will lead to disqualification.

Meet Entry Form

Please submit this form to Janice Alexander or Brian Starkey, Meet Directors, by 3:00 p.m. on Friday, October 19. The fax number is (775) 754-6380. The contact e-mails are JAlexand@elko.k12.nv.us and BStarkey@elko.k12.nv.us.

School: _____

(please circle one) **BOYS / GIRLS**

Coach: _____

Phone Number: _____

Pos... Full Name..... Year

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

Alt. _____

Alt. _____

Alt. _____