

NFHS Basketball Rule Book (2007-2008)

Rule 3-5 (Team Member's Equipment, Apparel)

Article 2 on Page 25 of the NFHS Basketball Rules Book states the following:

...**Guards, casts, braces and compression sleeves** must meet the following guidelines:

- a. A guard, cast or brace made of hard and unyielding leather, plaster, pliable (soft) plastic, metal or any other hard substance may **not** be worn on the elbow, hand, finger, wrist or forearm, even though covered with soft padding.
- b. Hard and unyielding items (guard, casts, braces, etc.) on the upper arm or shoulder must be padded.
- c. **Knee and ankle braces are permitted** but all exposed hinges must be covered. **Most over-sleeves recommended by manufacturers are acceptable.** These braces may be padded or unpadded.
- d. **Must be worn for medical reasons.**

The NIAA has asked the NFHS for an interpretation of (d. Must be worn for medical reasons.)

There will be **no requirement** for a written doctors' order/request if a player is wearing a brace. If an official is certain that a player is wearing any of the above mentioned items only for "show", they may direct the equipment/apparel to be removed.